

Regan Jones, RD

media kit



about

Regan Jones is a nationally-known, award-winning registered dietitian. She is the owner of **Healthy Aperture and This Unmillennial Life** and co-founder of **Blog Brûlée**.

Through her leadership, Regan's websites have organized a network of more than **5,000 health influencers** and RD bloggers who reach an audience of millions.

As an RD who specializes in making healthy food and nutritious recipes easy and approachable, Regan is frequently featured in the national media. She is the **2017 recipient of the Academy of Nutrition and Dietetics Media Excellence award**.

A busy mom to two young boys, Regan loves to create quick and healthy recipes her whole family enjoys.

To learn more, visit **reganmillerjonesinc.com**.

reach

100,000+

PAGEVIEWS

75,000+

VISITORS

2,000,000+

PINTEREST

14,000+

FACEBOOK

22,000+

TWITTER

35,000+

INSTAGRAM

press



FOX NEWS

SHAPE

Prevention



daily  burn



Parents
HEALTHY KIDS. HAPPY FAMILIES

fitness

 **bleacher**
report

The Atlanta
Journal-
Constitution
ajc.com

Web
MD[®]

HUFF
POST

Greatist

spokesperson

Regan Jones has been featured in hundreds of television and radio segments nationwide and has been quoted in publications including *USA Today* and *The Wall Street Journal*.





connect

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